

Portland Sandwich



Ched Bagel Sand Ham Turkey

Nutrition Facts

1 serving per container

Serving size 1 Sandwich (200g)

Amount Per Serving

Calories 380

% Daily Value*

Total Fat 5g	6%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 1290mg	56%
Total Carbohydrate 61g	22%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugars	10%

Protein 21g

Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 3.8mg	20%
Potassium 120mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BAGEL (ENRICHED HI-GLUTEN WHOLE GRAIN FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DOUGH CONDITIONER (ASCORBIC ACID), ENZYME, WATER, BROWN SUGAR (SUGAR, INVERT SUGAR, CANE MOLASSES), SALT, YEAST, SORBITAN MONOSTEARATE, DRY MALT-LOW DIASTATIC (MALTED BARLEY, DEXTROSE), CHEDDAR CHEESE (PASTEURIZED MILK CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYMES, ANNATTO), MAY CONTAIN: POWDERED CELLULOSE, POTATO & CORN STARCHES &/OR CALCIUM SULFATE), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), TURKEY (TURKEY BREAST, WHITE TURKEY, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE).

CONTAINS: MILK, WHEAT

CHED BAGEL SAND HAM TURK - 133315



Portland Sandwich Co. Portland, OR 97220