

# Portland Sandwich



## Half Ham Turkey & Swiss

### Nutrition Facts

1 serving per container  
**Serving size 1 Sandwich (133g)**

**Amount Per Serving**  
**Calories 310**

**% Daily Value\***

<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 930mg	<b>40%</b>
<b>Total Carbohydrate</b> 29g	<b>11%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 4g	
Includes 3g Added Sugars	<b>6%</b>

<b>Protein</b> 16g	
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 1.5mg	8%
Potassium 110mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT, WHEAT NUGGETS, HONEY, WHOLE WHEAT FLOUR, YEAST, VITAL WHEAT GLUTEN, SOYBEAN OIL, 2% OR LESS OF: SALT, RAISIN JUICE CONCENTRATE, ASCORBIC ACID, CARAMEL COLOR, CULTURED WHEAT FLOUR, ENZYMES), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), TURKEY (TURKEY BREAST, WHITE TURKEY, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE), MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE LEMON JUICE CONCENTRATE), LETTUCE, SWISS CHEESE (PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES).

CONTAINS: EGG, SOY, MILK, WHEAT

HALF HAM TURKEY SWISS - 125884



Portland Sandwich Co. Portland, OR 97220