

# Portland Sandwich



## LDeli Ham Turkey & Cheddar

### Nutrition Facts

1 serving per container  
**Serving size 1 Sandwich (207g)**

**Amount Per Serving**

**Calories 430**

**% Daily Value\***

**Total Fat 20g 26%**

Saturated Fat 5g **25%**

Trans Fat 0g

**Cholesterol 45mg 15%**

**Sodium 1280mg 56%**

**Total Carbohydrate 42g 15%**

Dietary Fiber 1g **4%**

Total Sugars 7g

Includes 5g Added Sugars **10%**

**Protein 20g**

Vitamin D 0mcg 0%

Calcium 100mg 8%

Iron 1.2mg 6%

Potassium 160mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ROLL (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, VITAL WHEAT GLUTEN, 2% OR LESS: SOYBEAN OIL, SALT, MILLED FLAXSEED, MALTODEXTRIN, DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), WHEAT STARCH ENZYMES, CULTURED WHEAT FLOUR, SESAME SEEDS), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE), TURKEY (TURKEY BREAST, WHITE TURKEY, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE), LEAF LETTUCE, MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE), CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO (COLOR)).

CONTAINS: EGG, SOY, MILK, WHEAT

LEDELIHAM TURK CHEDDAR - 122487



Portland Sandwich Co. Portland, OR 97220