

# Portland Sandwich



## Bagel & CC Onion

### Nutrition Facts

1 serving per container

**Serving size 1 item (173g)**

**Amount Per Serving**

**Calories 440**

**% Daily Value\***

**Total Fat** 15g **19%**

Saturated Fat 10g **50%**

Trans Fat 0g

**Cholesterol** 45mg **15%**

**Sodium** 640mg **28%**

**Total Carbohydrate** 63g **23%**

Dietary Fiber 2g **7%**

Total Sugars 7g

Includes 5g Added Sugars **10%**

**Protein** 12g

Vitamin D 0mcg 0%

Calcium 80mg 6%

Iron 3.3mg 20%

Potassium 120mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BAGEL (ENRICHED HI-GLUTEN WHOLE GRAIN FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DOUGH CONDITIONER (ASCORBIC ACID), ENZYMES, WATER, BROWN SUGAR (SUGAR, INVERT SUGAR & CANE MOLASSES), SALT, DEHYDRATED ONIONS, POPPY SEED, YEAST, SORBITAN MONOSTEARATE, DRY MALT—LOW DIASTATIC (MALTED BARLEY, DEXTROSE)), CREAM CHEESE (PASTEURIZED MILK & CREAM, CHEESE CULTURE, SALT, (GUAR, CAROB BEAN AND XANTHAN GUMS)).

CONTAINS: MILK, WHEAT

BAGEL CC ONION - 823353



Portland Sandwich Co. Portland, OR 97220