

# Portland Sandwich



## Bagel Ham & CC

### Nutrition Facts

1 serving per container

**Serving size 1 Sandwich (235g)**

**Amount Per Serving**

**Calories 500**

**% Daily Value\***

**Total Fat** 18g **23%**

Saturated Fat 12g **60%**

Trans Fat 0g

**Cholesterol** 75mg **25%**

**Sodium** 1380mg **60%**

**Total Carbohydrate** 65g **24%**

Dietary Fiber 2g **7%**

Total Sugars 7g

Includes 5g Added Sugars **10%**

**Protein** 22g

Vitamin D 0mcg **0%**

Calcium 70mg **6%**

Iron 3.8mg **20%**

Potassium 100mg **2%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BAGEL (ENRICHED HI-GLUTEN WHOLE GRAIN FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DOUGH CONDITIONER (ASCORBIC ACID), ENZYMES, WATER, BROWN SUGAR (SUGAR, INVERT SUGAR, CANE MOLASSES), SALT, YEAST, SORBITAN MONOSTEARATE, DRY MALT-LOW DIASTATIC (MALTED BARLEY, DEXTROSE)), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), CREAM CHEESE (PASTEURIZED MILK & CREAM, CHEESE CULTURE, SALT, (GUAR, CAROB BEAN AND XANTHAN GUMS)).

CONTAINS: MILK, WHEAT

BAGEL HAM CC - 122401



Portland Sandwich Co. Portland, OR 97220