

# Portland Sandwich



## Bagel Ham Turkey & CC

### Nutrition Facts

1 serving per container

**Serving size 1 Sandwich (235g)**

**Amount Per Serving**

**Calories 500**

**% Daily Value\***

**Total Fat 18g 23%**

Saturated Fat 11g **55%**

Trans Fat 0g

**Cholesterol 75mg 25%**

**Sodium 1340mg 58%**

**Total Carbohydrate 65g 24%**

Dietary Fiber 2g **7%**

Total Sugars 7g

Includes 5g Added Sugars **10%**

**Protein 22g**

Vitamin D 0mcg 0%

Calcium 70mg 6%

Iron 3.7mg 20%

Potassium 100mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BAGEL (ENRICHED HI-GLUTEN WHOLE GRAIN FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DOUGH CONDITIONER (ASCORBIC ACID), ENZYMES, WATER, BROWN SUGAR (SUGAR, INVERT SUGAR, CANE MOLASSES), SALT, YEAST, SORBITAN MONOSTEARATE, DRY MALT-LOW DIASTATIC (MALTED BARLEY, DEXTROSE)), CREAM CHEESE (PASTEURIZED MILK & CREAM, CHEESE CULTURE, SALT, (GUAR, CAROB BEAN AND XANTHAN GUMS)), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUM (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), TURKEY (TURKEY BREAST, WHITE TURKEY, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE).

CONTAINS: MILK, WHEAT

BAGEL HAM TURKEY CC - 122395



Portland Sandwich Co. Portland, OR 97220