

# Portland Sandwich



## Ched Bagel Sand Ham Turkey

### Nutrition Facts

1 serving per container

**Serving size 1 Sandwich (200g)**

**Amount Per Serving**

**Calories 380**

**% Daily Value\***

**Total Fat 5g 6%**

Saturated Fat 2g **10%**

Trans Fat 0g

**Cholesterol 35mg 12%**

**Sodium 1290mg 56%**

**Total Carbohydrate 61g 22%**

Dietary Fiber 2g **7%**

Total Sugars 6g

Includes 5g Added Sugars **10%**

**Protein 21g**

Vitamin D 0mcg 0%

Calcium 60mg 4%

Iron 3.8mg 20%

Potassium 120mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BAGEL (ENRICHED HI-GLUTEN WHOLE GRAIN FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DOUGH CONDITIONER (ASCORBIC ACID), ENZYME, WATER, BROWN SUGAR (SUGAR, INVERT SUGAR, CANE MOLASSES), SALT, YEAST, SORBITAN MONOSTEARATE, DRY MALT-LOW DIASTATIC (MALTED BARLEY, DEXTROSE), CHEDDAR CHEESE (PASTEURIZED MILK CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYMES, ANNATTO), MAY CONTAIN: POWDERED CELLULOSE, POTATO & CORN STARCHES &/OR CALCIUM SULFATE), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), TURKEY (TURKEY BREAST, WHITE TURKEY, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE).

CONTAINS: MILK, WHEAT

CHED BAGEL SAND HAM TURK - 133315



Portland Sandwich Co. Portland, OR 97220