

# Portland Sandwich



## French Ham & Cheddar

### Nutrition Facts

1 serving per container

**Serving size 1 Sandwich (225g)**

**Amount Per Serving**

**Calories 470**

**% Daily Value\***

**Total Fat 23g 29%**

Saturated Fat 7g **35%**

Trans Fat 0g

**Cholesterol 60mg 20%**

**Sodium 1500mg 65%**

**Total Carbohydrate 42g 15%**

Dietary Fiber 2g **7%**

Total Sugars 6g

Includes 3g Added Sugars **6%**

**Protein 23g**

Vitamin D 0mcg 0%

Calcium 180mg 15%

Iron 2.7mg 15%

Potassium 120mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), ROLL (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, 2% OR LESS OF: SALT, VITAL WHEAT GLUTEN, CORN MEAL, SOYBEAN OIL, YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (ASCORBIC ACID, SODIUM STEAROYL LACTYLATE), CULTURED WHEAT FLOUR, CALCIUM SULFATE, ENZYMES, CALCIUM PROPIONATE (MOLD INHIBITOR)), ROMA TOMATO, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO (COLOR)), LEAF LETTUCE, MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE).

CONTAINS: EGG, SOY, MILK, WHEAT

FRENCH HAM CHEDDAR - 124665



Portland Sandwich Co. Portland, OR 97220