

# Portland Sandwich



## Gluten Free Bagel & CC Plain

### Nutrition Facts

1 serving per container

**Serving size 1 item (142g)**

**Amount Per Serving**

**Calories 390**

**% Daily Value\***

**Total Fat 18g 23%**

Saturated Fat 9g **45%**

Trans Fat 0g

**Cholesterol 45mg 15%**

**Sodium 490mg 21%**

**Total Carbohydrate 52g 19%**

Dietary Fiber 4g **14%**

Total Sugars 8g

Includes 5g Added Sugars **10%**

**Protein 8g**

Vitamin D 0mcg 0%

Calcium 70mg 6%

Iron 1.1mg 6%

Potassium 190mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BAGEL (WATER, BROWN RICE FLOUR, TAPIOCA STARCH, TAPIOCA SYRUP, CORN STARCH, OLEIC SAFFLOWER OIL, DRIED EGG WHITES, STARCH BLEND (MODIFIED FOOD STARCH, CORN STARCH, POTATO STARCH), XANTHAN GUM, FIBER BLEND (CELLULOSE AND PSYLLIUM DIETARY FIBERS), 2% OR LESS OF: SALT, CULTURED RICE FLOUR, YEAST, ENZYMES), CREAM CHEESE (PASTEURIZED MILK & CREAM, CHEESE CULTURE, SALT, (GUAR, CAROB BEAN AND XANTHAN GUMS)).

CONTAINS: EGG, MILK

GF BAGEL CC PLAIN - 123569



Portland Sandwich Co. Portland, OR 97220