

Portland Sandwich



Half Ham Turkey & Swiss

Nutrition Facts

1 serving per container
Serving size 1 Sandwich (133g)

Amount Per Serving
Calories 310

% Daily Value*

Total Fat 15g 19%

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 930mg 40%

Total Carbohydrate 29g 11%

Dietary Fiber 3g **11%**

Total Sugars 4g

Includes 3g Added Sugars **6%**

Protein 16g

Vitamin D 0mcg 0%

Calcium 110mg 8%

Iron 1.5mg 8%

Potassium 110mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT, WHEAT NUGGETS, HONEY, WHOLE WHEAT FLOUR, YEAST, VITAL WHEAT GLUTEN, SOYBEAN OIL, 2% OR LESS OF: SALT, RAISIN JUICE CONCENTRATE, ASCORBIC ACID, CARAMEL COLOR, CULTURED WHEAT FLOUR, ENZYMES), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), TURKEY (TURKEY BREAST, WHITE TURKEY, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE), MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE LEMON JUICE CONCENTRATE), LETTUCE, SWISS CHEESE (PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES).

CONTAINS: EGG, SOY, MILK, WHEAT

HALF HAM TURKEY SWISS - 125884



Portland Sandwich Co. Portland, OR 97220