

Portland Sandwich



Ham Works

Nutrition Facts

1 serving per container

Serving size 1 Sandwich (233g)

Amount Per Serving

Calories 400

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 1250mg **54%**

Total Carbohydrate 41g **15%**

Dietary Fiber 2g **7%**

Total Sugars 7g

Includes 4g Added Sugars **8%**

Protein 25g

Vitamin D 0mcg 0%

Calcium 210mg 15%

Iron 2.7mg 15%

Potassium 130mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BUN (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, SOYBEAN OIL, VITAL WHEAT GLUTEN, 2% OR LESS OF: SALT, DISTILLED VINEGAR, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), YELLOW CORN FLOUR, TURMERIC & PAPRIKA (COLOR), NATURAL FLAVOR, CALCIUM SULFATE, ENZYMES, ONION, POPPY SEEDS), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE)), ROMA TOMATO, SAUCE (CULTURED CREAM, BASIL), LEAF LETTUCE, SWISS CHEESE (PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), RED ONION.

CONTAINS: SOY, MILK, WHEAT

HAM WORKS - 120025



Portland Sandwich Co. Portland, OR 97220