

Portland Sandwich



LDeli Ham & Swiss

Nutrition Facts

1 serving per container

Serving size 1 Sandwich (208g)

Amount Per Serving

Calories 430

% Daily Value*

Total Fat 20g 26%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 45mg 15%

Sodium 1310mg 57%

Total Carbohydrate 42g 15%

Dietary Fiber 1g 4%

Total Sugars 7g

Includes 5g Added Sugars 10%

Protein 22g

Vitamin D 0mcg 0%

Calcium 120mg 10%

Iron 1.3mg 8%

Potassium 160mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ROLL (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, VITAL WHEAT GLUTEN, 2% OR LESS: SOYBEAN OIL, SALT, MILLED FLAXSEED, MALTODEXTRIN, DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), WHEAT STARCH ENZYMES, CULTURED WHEAT FLOUR, SESAME SEEDS), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE) LEAF LETTUCE, MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF SALT, SPICE, LEMON JUICE CONCENTRATE), SWISS CHEESE (PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES).

CONTAINS: EGG, SOY, MILK, WHEAT, SESAME SEED

LEDELIHAM SWISS - 122494



Portland Sandwich Co. Portland, OR 97220