

# Portland Sandwich



## Muffin Blueberry

### Nutrition Facts

1 serving per container

**Serving size 1 item (166g)**

**Amount Per Serving**

**Calories 580**

**% Daily Value\***

**Total Fat 30g 38%**

Saturated Fat 7g **35%**

Trans Fat 0g

**Cholesterol 110mg 37%**

**Sodium 500mg 22%**

**Total Carbohydrate 68g 25%**

Dietary Fiber 2g **7%**

Total Sugars 34g

Includes 32g Added Sugars **64%**

**Protein 0g**

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 2mg 10%

Potassium 50mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, BLEACHED ENRICHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOUR, FERROUS SULFATE, NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, BLUEBERRIES, SOY OIL, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: EMULSIFIERS (MONO & DIGLYCERIDES, PROPYLENE GLYCOL, MONO & DIESTERS OF FATTY ACIDS, SODIUM STEAROYL LACTYLATE), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM & MONOCALCIUM PHOSPHATE), SALT, SODIUM CASEINATE, ARTIFICIAL FLAVORS, XANTHAN GUM, LOCUST BEAN & GUAR GUM, EGG WHITES, NONFAT MILK, CORN SUGAR & STARCH, SOY FLOUR., SOY LECITIN.

CONTAINS: WHEAT, MILK, EGG, SOY. PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS AND TREE NUTS

MUFFIN BLUEBERRY - 923268



Portland Sandwich Co. Portland, OR 97220