

# Portland Sandwich



## Peanut Butter & Jam

### Nutrition Facts

1 serving per container

**Serving size 1 Sandwich (164g)**

**Amount Per Serving**

**Calories 570**

**% Daily Value\***

**Total Fat 29g 37%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

**Cholesterol 0mg 0%**

**Sodium 510mg 22%**

**Total Carbohydrate 63g 23%**

Dietary Fiber 6g **21%**

Total Sugars 32g

Includes 25g Added Sugars **50%**

**Protein 17g**

Vitamin D 0mcg 0%

Calcium 100mg 8%

Iron 2.2mg 10%

Potassium 350mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEANUT BUTTER (PEANUTS, SUGAR, HYDROGENATED VEGETABLE OIL (RAPSEED, COTTONSEED, SOY), SALT), BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, YEAST, SUGAR, 2% OR LESS OF: VITAL WHEAT GLUTEN, SALT, SOYBEAN OIL, YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CAMEL COLOR, DISTILLED VINEGAR, EXTRACT OF MALTED BARLEY, DEXTROSE, CALCIUM PROPIONATE (MOLD INHIBITOR), CALCIUM SULFATE, ENZYMES), JAM (STRAWBERRIES, SUGAR, GLUCOSE SYRUP, WATER, FRUIT JUICE, FRUIT PECTIN, CITRIC ACID, POTASSIUM SORBATE (PRESERVATIVE), XANTHAN GUM).

CONTAINS: PEANUT, SOY, MILK, WHEAT

PEANUT BUTTER JAM - 123446



Portland Sandwich Co. Portland, OR 97220