

# Portland Sandwich



## Portland Club

### Nutrition Facts

1 serving per container

**Serving size 1 Sandwich (279g)**

**Amount Per Serving**

**Calories 570**

**% Daily Value\***

**Total Fat 26g 33%**

Saturated Fat 7g **35%**

Trans Fat 0g

**Cholesterol 60mg 20%**

**Sodium 1640mg 71%**

**Total Carbohydrate 58g 21%**

Dietary Fiber 7g **25%**

Total Sugars 9g

Includes 6g Added Sugars **12%**

**Protein 31g**

Vitamin D 0mcg 0%

Calcium 220mg 15%

Iron 3.1mg 15%

Potassium 260mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT, WHEAT NUGGETS, HONEY, WHOLE WHEAT FLOUR, YEAST, VITAL WHEAT GLUTEN, SOYBEAN OIL, 2% OR LESS OF: SALT, RAISIN JUICE CONCENTRATE, ASCORBIC ACID, CARAMEL COLOR, CULTURED WHEAT FLOUR, ENZYMES), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE), TURKEY (TURKEY BREAST, WHITE TURKEY, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE), LETTUCE, TOMATO, SWISS CHEESE (PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE), BACON (CURED WITH WATER, SALT, SUGAR, NATURAL SMOKE FLAVOR, SODIUMS (PHOSPHATE, ERYTHORBATE, NITRITE)).

CONTAINS: EGG, SOY, MILK, WHEAT

PORTLAND CLUB - 224716



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