

# Portland Sandwich



## Thick Beef Turkey & Swiss

### Nutrition Facts

1 serving per container

Serving size **1 Sandwich (243g)**

Amount Per Serving

**Calories 530**

% Daily Value\*

**Total Fat** 22g **28%**

Saturated Fat 6g **30%**

Trans Fat 0g

**Cholesterol** 60mg **20%**

**Sodium** 1470mg **64%**

**Total Carbohydrate** 57g **21%**

Dietary Fiber 6g **21%**

Total Sugars 7g

Includes 6g Added Sugars **12%**

**Protein** 31g

Vitamin D 0mcg **0%**

Calcium 230mg **20%**

Iron 3.2mg **20%**

Potassium 260mg **6%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT, WHEAT NUGGETS, HONEY, WHOLE WHEAT FLOUR, YEAST, VITAL WHEAT GLUTEN, SOYBEAN OIL, 2% OR LESS OF: SALT, RAISIN JUICE CONCENTRATE, ASCORBIC ACID, CARAMEL COLOR, CULTURED WHEAT FLOUR, ENZYMES), BEEF (WATER, VINEGAR, NATURAL FLAVORINGS, SALT, POTASSIUM & SODIUM PHOSPHATES, CARAMEL COLOR), TURKEY (TURKEY BREAST, WHITE TURKEY, WATER, MODIFIED FOOD STARCH, 2% OR LESS OF: SALT, DEXTROSE, SODIUMS CITRATE & PHOSPHATE, SUGAR, CARRAGEENAN, NATURAL FLAVORING, SODIUM DIACETATE), LETTUCE, SWISS CHEESE (PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE).

CONTAINS: EGG, SOY, MILK, WHEAT

THICK BEEF TURKEY SWISS - 125761



Portland Sandwich Co. Portland, OR 97220