

Portland Sandwich



Thick Ham & Swiss

Nutrition Facts

1 serving per container

Serving size 1 Sandwich (242g)

Amount Per Serving

Calories 540

% Daily Value*

Total Fat 23g **29%**

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 1700mg **74%**

Total Carbohydrate 56g **20%**

Dietary Fiber 6g **21%**

Total Sugars 8g

Includes 6g Added Sugars **12%**

Protein 31g

Vitamin D 0mcg 0%

Calcium 200mg 15%

Iron 3.1mg 15%

Potassium 260mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT, WHEAT NUGGETS, HONEY, WHOLE WHEAT FLOUR, YEAST, VITAL WHEAT GLUTEN, SOYBEAN OIL, 2% OR LESS OF: SALT, RAISIN JUICE CONCENTRATE, ASCORBIC ACID, CARAMEL COLOR, CULTURED WHEAT FLOUR, ENZYMES), HAM (CURED WITH WATER, SALT, DEXTROSE, POTASSIUM LACTATE, SODIUMS (PHOSPHATE, ERYTHORBATE, DIACETATE & NITRITE), LEAF LETTUCE, SWISS CHEESE (PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE).

CONTAINS: EGG, SOY, MILK, WHEAT

THICK HAM SWISS - 125747



Portland Sandwich Co. Portland, OR 97220