

# Portland Sandwich



## Thick Tuna & Cheddar

### Nutrition Facts

1 serving per container  
Serving size **1 Sandwich (271g)**

Amount Per Serving  
**Calories 650**  
% Daily Value\*

<b>Total Fat</b> 34g	<b>44%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 1200mg	<b>52%</b>
<b>Total Carbohydrate</b> 62g	<b>23%</b>
Dietary Fiber 6g	<b>21%</b>
Total Sugars 14g	
Includes 6g Added Sugars	<b>12%</b>

<b>Protein</b> 29g	
Vitamin D 0mcg	0%
Calcium 180mg	15%
Iron 3.6mg	20%
Potassium 260mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: TUNA SALAD (CHUNK LIGHT TUNA, WATER, VEGETABLE BROTH (PEA & CARROT), SALT), MAYONNAISE (SOY OIL, CORN SYRUP, WATER, WHOLE EGG, EGG YOLKS, DISTILLED VINEGAR, 2% OR LESS OF: SALT, SPICE, LEMON JUICE CONCENTRATE), SWEET RELISH (CUCUMBER, HIGH FRUCTOSE CORN SYRUP, VINEGAR, WATER, SALT, XANTHAN GUM, CELERY SEED, SODIUM BENZOATE (PRESERVATIVE), CALCIUM CHLORIDE, BELL PEPPER, TURMERIC, NATURAL FLAVORS, POLYSORBATE 80, FD & C YELLOW 5, BLUE 1), CELERY), BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & MALTED BARLEY FLOURS, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CRUSHED WHEAT, WHEAT NUGGETS, HONEY, WHOLE WHEAT FLOUR, YEAST, VITAL WHEAT GLUTEN, SOYBEAN OIL, 2% OR LESS OF: SALT, RAISIN JUICE CONCENTRATE, ASCORBIC ACID, CARAMEL COLOR, CULTURED WHEAT FLOUR, ENZYMES), LEAF LETTUCE, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO (COLOR)).

CONTAINS: EGG, SOY, MILK, WHEAT, SEAFOOD

THICK TUNA CHEDDAR - 125785



Portland Sandwich Co. Portland, OR 97220