

Portland Sandwich



Triangle Ham & Swiss

Nutrition Facts

1 serving per container

Serving size 1 Sandwich (222g)

Amount Per Serving

Calories 540

% Daily Value*

Total Fat 24g 31%

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 60mg 20%

Sodium 1700mg 74%

Total Carbohydrate 56g 20%

Dietary Fiber 6g **21%**

Total Sugars 8g

Includes 6g Added Sugars **12%**

Protein 31g

Vitamin D 0mcg 0%

Calcium 210mg 15%

Iron 2.9mg 15%

Potassium 190mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BREAD (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT & Malted Barley Flours, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Crushed Wheat, Wheat Nuggets, Honey, Whole Wheat Flour, Yeast, Vital Wheat Gluten, Soybean Oil, 2% or less of: Salt, Raisin Juice Concentrate, Ascorbic Acid, Caramel Color, Cultured Wheat Flour, Enzymes), Ham (Cured with Water, Salt, Dextrose, Potassium Lactate, Sodiums (Phosphate, Erythorbate, Diacetate & Nitrite)), Swiss Cheese (Part Skim Milk, Cheese Culture, Salt, Enzymes), Mayonnaise (Soy Oil, Corn Syrup, Water, Whole Egg, Egg Yolks, Distilled Vinegar, 2% or less of: Salt, Spice, Lemon Juice Concentrate).

CONTAINS: EGG, SOY, MILK, WHEAT

TRIANGLE HAM SWISS - 123156



Portland Sandwich Co. Portland, OR 97220